

# Flex Thursdays at Dan Knott

We are so excited to have “Flex” Thursdays as part of our weekly timetable this year at Dan Knott. Every Thursday our school has a special schedule that runs a quick homeroom class followed by four one hour flex sessions that students select using their school zone account. Students have the option to choose two or more sessions relating to their core subjects and up to two sessions that they are passionate about. This self-directed learning is a fantastic opportunity for students to become engaged in their learning. Thursdays at Dan Knott is all about student choice and student voice!

## The Engaged Thinker, Ethical Citizen, and Entrepreneurial Spirit

All of our sessions relate to at least one or more of the competencies of an educated Albertan as outlined by the Ministry of Education. These include:

- 1) Know how to learn
- 2) Think critically
- 3) Identify and solve complex problems
- 4) Manage information
- 5) Innovate
- 6) Create opportunities through play, imagination, and competition
- 7) Apply multiple literacies: reading, writing, mathematics, technology
- 8) Demonstrate good communication skills
- 9) Work cooperatively with others
- 10) Demonstrate global and cultural understanding
- 11) Identify and apply career and life skills through personal growth and well being

## Flex On School Zone

- Sessions for up-coming Thursdays are available to students for selection on their school zone accounts starts every Friday at 3:00 pm.
- Students then have until Tuesday at 9:00 pm to make their selections. After this time the selections will be set.
- Student select 2 core subject related sessions and 2 other sessions that they are interested in.

## Benefits of Flex

- Extra support for students in their core classes
- Gives choice to feed passion for students and teachers
- Gives the school flexibility to run large events & field trips without disturbing regular classes

## Join Us!

Feel free to come by Dan Knott on a Thursday and see our teachers and kids in action during flex day.